

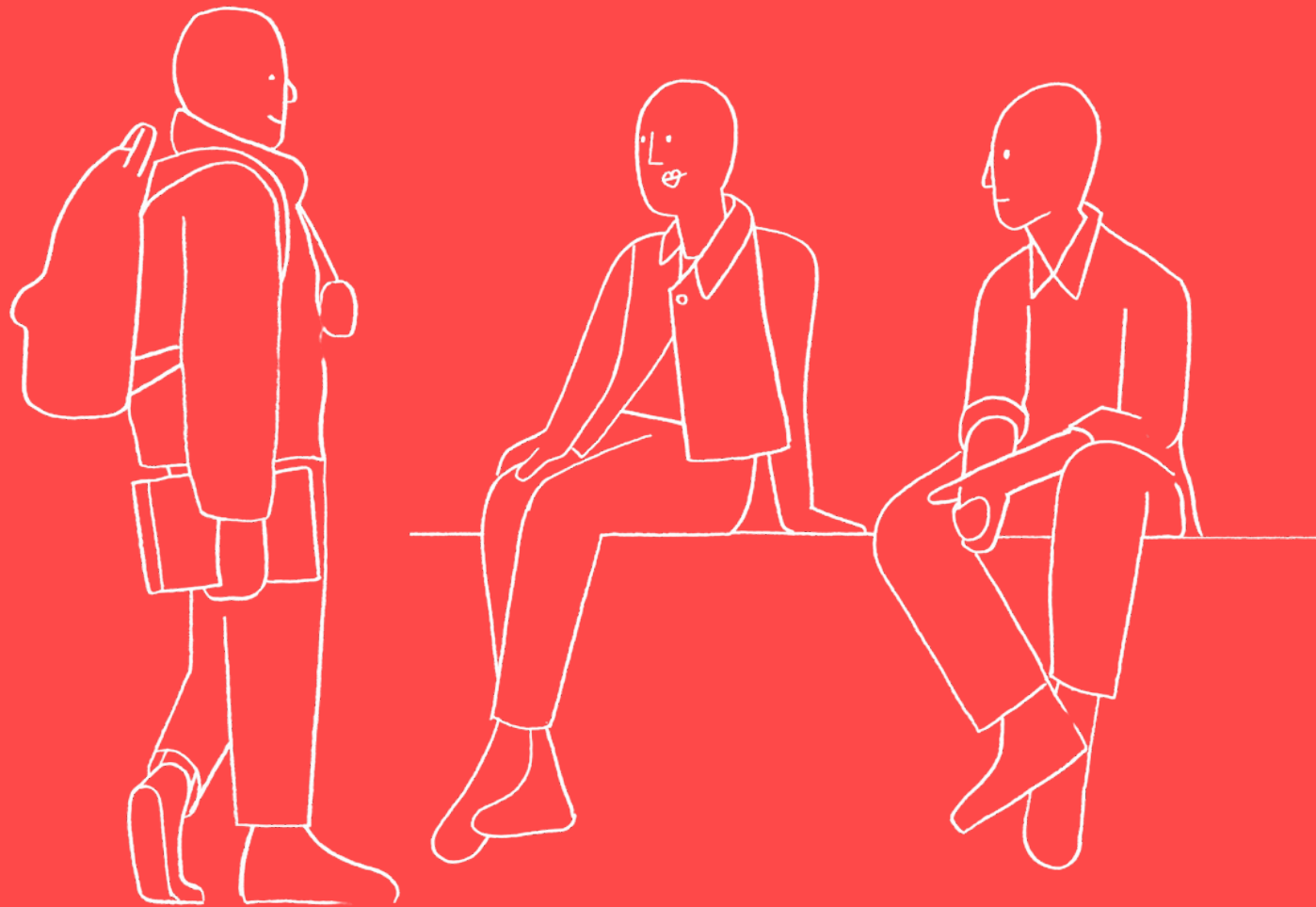
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# The R.U.N. SHEET

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Prompts to help students and teams plan meaningful projects, internships, and experiences.

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# HOW IT WORKS

**Duration:** 30-60 Minutes

When you consider working with young talent, our challenge to any leader, team, or student is to begin by considering projects rather than positions. The stakes are lower and the outcomes are more clear and beneficial to all parties. This R.U.N. Sheet is designed to help you make that shift.

R.U.N simply stands for Research, Understand, and Next Steps. To best utilize this framework, before you meet, mentally walk through the boxes on the next page in their numbered order.

Do work before the meeting to answer as many questions as you can so you can come prepared. Then, during the meeting, use this as a guide for the conversation — walking through the boxes together.

These questions will help you plan and spark a meaningful conversation about the project, and discover where to go next.



# PLANNING YOUR PROJECT

Company Name \_\_\_\_\_

The Project

Learner's Name \_\_\_\_\_

**R**esearch

**U**nderstand

**N**ext Steps

## 1. COMPANY GOALS

What is the company working to achieve? What are recent successes? Upcoming goals?

## 3. ALIGNED GOALS

Where do our recent work, stories, and goals overlap?

## 2. LEARNING GOALS

What knowledge and skills do you hope to develop through this project? What experience do you want to gain?

## 4. CURRENT CHALLENGES

What are some of the company's current challenges? Where is your team getting stuck?

## 6. ALIGNED DIRECTION

How do the company challenges align with the student's strengths? What kinds of projects might you do together?

## 5. STUDENT STRENGTHS

What strengths and experiences do you bring?

## 7. NORMS & OPERATIONS

What are company norms around working with young talent? Formal application process vs project proposals? Timing? Budgets? etc.

## 9. ALIGNED ENVIRONMENT

Where is there alignment between how the company operates and the student's hopes and needs? Timing, compensation, location, direct report, resources?

## 8. MY REALITIES

What I need to make this summer successful (timing, compensation, location)?